Start/Finish: Food Lion Carpark

Team Photo: HQ SACT
Distance: 23km

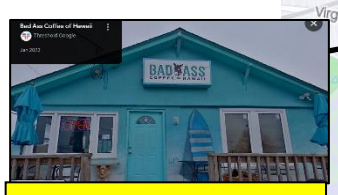
Potentially Busy Road mitigation: time of day, gp size, early in ride (less fatigue)

Potentially Busy Road Crossing Points mitigation: gp size, lower speed limit area, 2 locations have traffic lights

Location	Expected Time	Comment
Start	0600	Food Lion
ACT 23km	Arr: 0645 Dep: 0700	Team Pic
Stop 1 62km	Arr: 0820 Dep: 0845	Pale Horse opens @ 0800
Stop 2 103km	Arr: 1005 Dep: 1030	
Join 50mi route 129km	1120	
Stop 3 143km	Arr: 1150 Dep: 1220	With 50mile riders?
Finish	1315	Food Lion Finish with 50mi/25mi riders (~20kph)

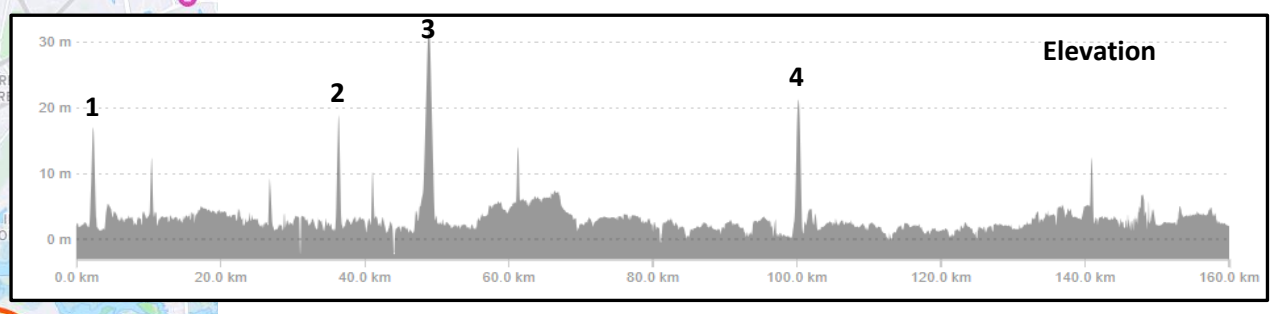
*Planning speed = 30kph – actual tbc by participant

Option for discussion
x2 groups:
1. ~30 kph?
2. ~25 kph?



Stop 3: Bad Ass Coffee
Distance: 143km

Busy Road – mitigation: gp size, traffic lights on 1st crossing, option to use sidewalk along Blvd



Join 50mi route
Distance: 129km

Potentially Busy Junction – mitigation: gp size, lower speed limit area, only on 'busy stretch' for short period

Potentially Busy Road/Crossing – mitigation: time of day, gp size

Stop 1: Pale Horse Coffee Shop
Distance: 62km

Potentially Busy Junction – mitigation: gp size, good visibility leading to junction, not crossing road

Stop 2: Creeds Store
Distance: 103km

RAFA RIDE PLANNING SHEET

– 100 MILES